



CPS Member Spotlight

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Albertsons Safeway - Denver Division

1. What is your favorite thing about being a CPS member?

My favorite thing about being a CPS member is having the opportunity to impact pharmacy practice within Colorado. CPS participation has opened the doors for the advancement of pharmacy practice within Colorado, allowed me the opportunity to share unique areas of pharmacy practice, and has created a network of peers that I can work closely with to reach my professional goals.

2. How did you get to where you are in your career?

Hard work and professional maturity. Upon graduation I managed a local Safeway Pharmacy. At the time this pharmacy filled ~400 prescriptions per week. As a new graduate, I felt comfortable with the pace and the intern training I received prepared me for the management role. After managing for about a year, I learned that we would soon receive an acquisition. Overnight we went from filling ~400 prescriptions per week to filling ~900 prescriptions per week. With hard work, this became the most successful acquisition for our Division. After settling into the new higher paced environment I continued to excel as a pharmacy manager but yearned for more. This is what I refer to as my “professional maturity”. I wanted to practice pharmacy at the top of the profession. I reached out to our Patient Care Services Manager and shared my desire to expand my role to include offering advanced patient care services. I began offering all of our patient care services and ultimately became board certified in ambulatory care pharmacy. Over the next few years she served as my mentor and eventually worked to establish a partnership for our PGY1 Community Pharmacy Residency Program. As the residency program was established I was groomed to become the Residency Program Director (RPD). In my role as Residency Program Director I created the Safeway PGY1 Community Pharmacy Residency Program in collaboration with Regis University. This is where I found my true passion. My position has morphed through the years. In addition to the RPD role, I am also the Corporate Pharmacy Trainer for Denver and Inter Mountain Divisions. I have been the RPD since the infancy of our residency program and have been a Corporate Pharmacy Trainer for over a year. In my dual role I hope to inspire others and help change the perception of community pharmacy.

3. How do you give back to the profession?

The primary way that I give back to the profession is through precepting students for both Regis University and University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences. I have the opportunity to share various aspects of my unique roles and hopefully impact pharmacy students’ views of community pharmacy. Being a preceptor is a fantastic way to give back to the profession and is also personally rewarding.

4. What do you enjoy about being a pharmacist?

I enjoy the various opportunities that the world of pharmacy has to offer. As a pharmacist you have the opportunity to impact patient care on numerous levels. As a highly engaged community pharmacist, you

are a leader within the community. You can provide advanced patient care to patients within the inpatient, ambulatory care, or community pharmacy settings. You can also work in the world of pharmacy industry. The options for pharmacist are endless and there are numerous opportunities for pharmacist that align with a myriad of interests.

5. What are your professional goals?

Professionally I hope to help change the perception of community pharmacy. The world of community pharmacy is vast and the opportunities to provide patient care are endless. As community pharmacist we build lasting relationships with our patients and have the ability to hugely impact patient care. In my role I hope to impact students' perceptions of community pharmacy and hope to inspire our future community pharmacists. Through my involvement as a preceptor and having the opportunity to train pharmacist, I hope to inspire others to be the catalyst that changes the perception of community pharmacy.